

PAA TIP OF THE WEEK

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PREPARING FOR SPRING SEMESTER!

Hello everyone, congratulations on finishing the fall semester! Now that we're finished, this is the time to decompress from finals. Here are some tips to set yourself up for a successful spring semester:

- **Think about your study habits this past semester:** Now that the fall semester has concluded, think about what you did this semester that worked well for you and things that could be improved. How effective were your studying tactics? Were your academic and social activities balanced? How was your sleep schedule? Did you adequately take advantage of academic resources? Now is a great time to reflect on these questions and adapt for the new term!
- **Confirm your next semester schedule:** Look at your tentative schedule for the next semester and confirm you are taking all required courses if necessary. If you are a first-year student or still exploring concentration options, make sure you are enrolled in courses from a variety of departments so you can explore more fields of study before you declare. **Remember, you will be able to make minor schedule adjustments during the first two weeks of classes!**
- **Check the syllabi for your classes if available:** Some courses recommend or require students to complete preliminary work before the first day of class. Read the syllabi (if available) for your courses to see if this is the case for you. Also, note important deadlines for your courses (problem sets, papers, exams, projects, etc.) in your calendar.
- **Purchase your books and school supplies:** Make sure you purchase all necessary books and supplies for the courses that you are definitely taking next semester. The reading list for many courses are available on Blackboard, so now is a good time to review what's required so you will be ready by the beginning of the next semester.
- **Finally, Relax!** You deserve it! Make sure you take some time to catch up on sleep and prepare for the spring semester.

**For additional academic support, check in with your PAAs
or have a chat with Dr. Andrews**

