Hi Forbes! Whether you perceive the motion to be fast or slow, we are steadily approaching the end of an academic year! This is the 4th time I've experienced this at Princeton, and I've noticed that it is always followed by a unique period called summer. Right now you probably fall into one of two categories: those who have formal summer plans--as defined by an extended internship, period of travel, or course--and those who do not. Whichever group you fall into, I hope you take some time to consider a few pieces of advice I have received over the past three-and-a-half years:

- **Summer is a time for more than just professional and academic growth.** Dust off those reading lists, watch a movie, or take up a hobby for the sake of itself. Try to build leisurely activities into your schedule.

- **Check in with your friends.** Students scatter to all corners of the world between June & Aug., and their experiences often affect how they approach the next semester. It is good to check in with friends (especially those who may not be in your "core group" of three or four close friends) at least once to exchange experiences and let them know you are thinking of them.

- **People with the most fulfilling summer experiences have spent at least one of them with family.** They may be the last opportunities we have to spend extended time with our parents, grandparents, and siblings. I have never met anyone who regretted spending a summer in/near their hometown or traveling with their family.

If you fall into the formal summer plans category, congratulations! I hope you have many meaningful experiences. If you do not have formal plans, congratulations! You have a great opportunity to explore new or existing interests. No matter the category, there are many resources to help you with current and future summer plans: Career Services, PICS, HireTigers, Global Seminars, language depts., friends, family, professors, RCAs, & PAAsto name a few. Never hesitate to reach out, and have a great rest of the spring semester and a fruitful summer!

For additional academic support, check in with your PAAs or have a chat with Dr. Andrews.