

PAA TIP OF THE WEEK

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POST-MIDTERM REFLECTION AND ACTION STEPS!

Hello Forbesians and welcome back! Whether you stayed on campus, went home, or traveled elsewhere last week, we hope you have all had some much-needed time to relax and reflect on your experience in the first half of the semester.

Here are some tips on how to move forward:

- **Looking at your scores:** Even if you are happy with how you performed, we all need to remember that a midterm is not a final assessment. Midterms are learning tools to determine possible adjustments you may need to make in a course or in several courses. Consider working with your academic adviser to take those lessons learned and apply them to the second half of the semester.
- **Reflect on your study habits:** As you get scores back from midterms, you can start to reflect more specifically on how you studied for each of them. What were the areas of success in your study habits? Did you create a study schedule? Did you cram the night before? Had you been creating a study guide throughout the semester? Did you review material with friends? Use these questions to help you figure out how you should prepare for future exams and papers.
- **Go to Office Hours:** Put your professor's or your TA's office hours into your calendar so you don't forget when they are. Office hours aren't just for when you are struggling, they are for when you are trying to expand your understanding of a topic. They are a great way to show your instructor that you are invested in their course.
- **Find a study group:** McGraw has Study Halls offered in select courses Saturday through Wednesday in Frist. Also, if you know other people in the course and you have been putting off studying together, create a group chat today! Working with people to review concepts is a great way to make sure you are all understanding the material.
- **Use your resources:** If you would like some individualized guidance, set up a McGraw Learning Strategies Consultation! The Writing Center is also just a 3-minute walk from Forbes, so get out and stretch your legs. As always, if you need extra support or are considering using a PDF for one of your classes this semester, reach out to Dr. Andrews!

**For additional academic support, check in with your PAAs
or have a chat with Dr. Andrews**

Adapted from Annika Kruse's '20 PAA Tip