PAA TIP OF THE WEEK

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PREPARING FOR FINAL EXAMS!

Hey Forbes, Congratulations on finishing up your Dean's Date work! Although it can seem like we just wrapped up your essays, projects, and assignments, we still need to try and buckle down for final exams! **Officially, exams will be held between January 16th and January 26th, inclusive.** All the times and locations are listed on Tiger Hub for formal in-class examinations and professors have or will provide further details regarding take-home exams. With finals taking place over just ten days, things can definitely get a bit (very) hectic! Here are a few tips that might help during preparation:

- **Take time to create a detailed study calendar before beginning any work.** Make note of the material that needs to be reviewed, practice exams that need to be taken, review sessions that you want to attend, etc.

- **Don't try and study one subject for a whole day.** This can get exhausting! Try switching gears after a few hours to avoid staying on the same topic.

- **Take notes on your notes:** Our own class notes can get confusing, especially if we haven't taken a look at them in a while. Condensing your own notes will allow you to review material while making a more user-friendly copy of the information. .

- **Attend review sessions and office hours!** Professors are open to meeting with students during this time and it provides you with an excellent opportunity to ask questions and clarify any challenging material.

- **Take practice tests!** If none are available, doing problems from problem sets or trying examples from class are a great way to get comfortable with material

- **Take breaks when working.** Go to the gym, grab a meal with friends, or take a power nap! Staying calm and keeping your mind fresh will make you more productive in the long run.

- **Get a good night's sleep the night before the exam!** YOU'VE GOT THIS!!!

For additional academic support, check in with your PAAs or have a chat with Dr. Andrews

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